

THE MOORINGS AT MYTON

SMALL BITES	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Mac & Cheese	✓						✓			✓				
Breaded mushrooms, garlic mayo	✓		✓				✓							
Crab cakes, aioli	✓	✓	✓				✓							
Fried buttermilk chicken tenders, bbq sauce	✓						✓							
Haloumi fries, garlic mayo	✓					✓	✓							
WINGS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
1/2 Dozen Chicken Wings crispy onions, scallions, sesame.	✓						✓				✓			
1/2 Dozen Cauliflower Wings crispy onions, scallions, sesame.	✓										✓			
Buffalo & blue cheese mayo						✓	✓							
BBQ sauce										✓	✓			
Jerk sauce	barley							may contain	✓					
NACHOS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Flour tortilla chips, cheese sauce, guacamole, salsa, sour cream, jalapenos	✓						✓					✓		
Add chilli beef												✓		

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SALADS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Caeser salad, cos lettuce, crispy streaky bacon, anchovies, Caesar dressing, Grana Padano	✓		✓	✓			✓							
Grilled halloumi salad, butternut squash, sun-dried tomato, rocket, honey mustard dressing							✓			✓		✓		
Crispy beef salad, carrot, mouli, radish, sugar snaps, sesame seeds, sweet chilli dressing											✓	✓		
MAINS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
1/2 cajun rubbed roast chicken Skin on chips, red slaw, choice of sauce (please see wings allergens for sauces)														
Marinara spaghetti Basil pesto, vine cherry tomatoes	✓						✓	Pine nuts				✓	✓	
Crab, crayfish & chilli spaghetti White wine cream, spring onion	✓	✓					✓					✓	✓	
Beer battered haddock skin-on chips, pea + mint puree, tartare sauce, lemon	✓		✓	✓			✓					✓		
200g Rump Steak skin-on chips, fried eggs, watercress			✓											
250g Rib Eye Steak skin-on chips, tomatoes, watercress														
Garlic Butter							✓							
Peppercorn sauce							✓		✓			✓		
Salmon & spring onion Fishcake Wilted greens, creamed corn	✓		✓	✓			✓		✓	✓				
	Allergen													

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BURGERS & HOTDOGS	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
All served with skin-on chips														
Vegan Cheese Burger plant based patty, vegan cheese, vegan mayo, rocket, pickles	✓					✓					✓			
Double Cheese Burger beef patties, american cheese, crispy onions, rocket, pickles, ketchup, Dijonnaise	✓		✓				✓		✓	✓		✓		
Blue Cheese Beef Burger beef patties, american cheese, blue cheese, pink onions, rocket, pickles, ketchup, Dijonnaise	✓		✓				✓		✓	✓		✓		
BBQ pulled pork burger beef patties, house smoked pulled pork, American cheese, rocket, pickles, BBQ sauce	✓		✓				✓			✓		✓		
Buttermilk chicken burger Fried buttermilk chicken breast, mayo, American cheese, cos lettuce	✓		✓				✓							
Buffalo + Blue Cheese Chicken Burger Fried buttermilk chicken breast, American cheese, blue cheese mayo, Buffalo sauce, cos lettuce	✓		✓			✓	✓					✓		
Hunters chicken burger Fried buttermilk chicken breast, American cheese, bacon, BBQ sauce, cos lettuce	✓		✓				✓			✓		✓		
Tempura Halloumi Burger guacamole, tomato + red pepper chutney	✓		✓				✓					✓		
Moorings Dog Pork frankfurter, sauerkraut, ketchup, American mustard, crispy onions	✓		✓				✓		✓	✓		✓		
Chilli Dog Pork frankfurter, home-made beef chilli, cheese sauce, crispy onions, jalapenos, sour cream	✓		✓				✓		✓			✓		

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SANDWICHES

SUB ROLLS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
All served with skin-on chips														
Philly Cheesesteak sauteed beef, caramelised onions, pepper, melted cheese on a sub roll	✓						✓					✓		
House smoked BBQ pulled pork Cheese sauce, red slaw, crispy onions	✓									✓				
Crayfish Bloody Mary mayo, iceberg	✓	✓	✓	✓					✓					
Fish finger Tartare sauce, iceberg	✓		✓	✓			✓					✓		

THE MOORINGS AT MYTON

DESSERTS

Allergen

DESSERTS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Sticky toffee pudding Toffee sauce, vanilla ice cream	✓		✓				✓							
Belgian Waffle toffee sauce, vanilla ice cream	✓		✓				✓							
Double Chocolate Brownie chocolate sauce, cherry ice cream	✓		✓				✓							
Gluten-free + Vegan Chocolate Brownie vegan vanilla ice cream						✓								
Banoffee cheesecake whipped cream, caramelised banana	✓						✓							
Chocolate sundae Rocky road, chocolate brownie, chocolate ice cream, whipped cream, chocolate sauce	✓		✓				✓							
Lotus Biscoff Sundae smashed lotus biscuits, home churned vanilla ice cream, whipped cream, toffee popcorn, biscoff sauce	✓		✓				✓							
Ice Creams			✓				✓							
Sorbets														
Double Chocolate Brownie Bites	✓		✓				✓							
Mini Sticky toffee pudding	✓		✓				✓							

