BREAKFAST MENU

BREAKFAST	Allergen												
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Full English; sausage,bacon,fried eggs, tomato,bbq beans, hash brown, toast	✓		✓						✓			✓		
Vegan; Harrisa houmous,avocado,spinach,broccoli,tomato chutney, seeds,toast	✓													
Jalapeno corn bread;smashed avocado, fried egg, tomato salsa, sour cream	✓		✓				✓					✓		
Lashford sausage muffin	✓											✓		
Bacon muffin	✓											✓		
Halloumi and avocado muffin	✓						✓							
Toast, jam or marmalade	✓											✓		
Belgium waffle, maple syrup	✓		✓			✓	✓							
American pancakes, bacon, maple syrup	✓		✓				✓							
Home churned ice cream			✓				✓							
Hens egg			✓											
Homemade hash brown			✓				✓							
House smoked bbq beans									✓					
Smoked bacon														
Lashford sausage	✓													
Slice of toast	✓													